

Lesson 1 – New words and expressions (p.21-23)

Practice 1. Fill in the blanks with the given words. There is one extra word.⁹

abroad / sick / diary / generous / ill / temperature / distinguished / found / boosted

1. The winthe volleyball national team confidence to a large extent.2.It was of him to offer to pay for us both.
3. After his father's death, Ali received enough money toa charity research center.
4. Theof the water was just right for swimming.
5. The lecture was attended by many... mathematicians.
6. The book of Harry Potter have been very popular both at home and..... .
7. This was thein which Gina recorded her innermost thoughts and secrets.
8. Despite his wish, Reza was unable to join the army because of health.

Practice 2. Choose the correct answer:

1. Can I give you (**advice, advised, an advice**)?
2. I want to give you 3 pieces of (**advice, advised, advices**).
3. Physiotherapists (**advice, advised, an advice**) regular exercise is the best way to regainmobility'.
4. These clothes are not (**appropriate, appreciation, valuable, spare**) for a cold winter day.
5. I (**respect, dedicate, distinguish, found**) honest people. I think it's important to tell the truth.
6. I've been trying to get Tom to (**boost, donate, take care, regard**) some money to the poor.
7. We have to speak louder, because my grandmother (**has- is- have- are**) hard of hearing.

Practice 3. Fill in the blanks with the given words. There is one extra word.

spare, burst into tears, dedicated, forgive, hard

1. A: "Mark donated a lot of money to MAHAK"
B: " Oh , I know. Hehis life to helping others.
2. My father is quite old now and he's increasingly of hearing.
3. A: What did your wife do when she heard about your winning the lottery?B: She looked ready to
4. A: "I promise not to cheat anymore."
B:" Good. Your teacher may not.....you if you do it again."

Practice 4. Match to complete the collocations: There are 4 extra words in the box.

in tears, into tears, of hearing, hearing, the way, no pains, on the sofa, at the sofa , temperature, appreciation, of appreciation

- | | | |
|----------------|----------------|----------------|
| 1) by..... | 2) spare | 3)hard |
| 4) sit..... | 5) burst | 6) take |
| 7) sense | | |

Practice for MAIN IDEA

Practice 5. Read the following passages and match each paragraph with one of the heading

1. Climate change may change the world's ecosystems- all living things are included in and rely on these places. Many of these places depend on a balance of rainfall, temperature, and soil type. A fast change in climate could upset this balance and put many living things in danger.

- (A) A rise in sea level is one of the results of global warming
- (B) The effect of climate change on human health
- (C) Crops and food supply are affected by global warming
- (D) How climate change affects all living things

2. Pauses add variety to boring speeches. If you do not include pauses, you might as well sing your audience a bedtime lullaby- the effect will be the same. While pauses are always important, it is critical to have them in every occasion.

- A) Use interesting and new words in your speech
- B) Use an index card in your speech
- C) the audience wants you to be successful
- E) The importance of pauses in speech

3. There are many enjoyable activities to take part in. Most doctors advice the simple act of walking. Actually everyone know how to do it. It is readily available, it is cheap, and it works. You do it alone, with a friend or with a group. It has a low risk of injury.

- (A) Fast walking brings more physical fitness
- (B) People can do different kinds of physical activities
- (C) Walking is an available physical activity for all people
- (D) Group physical activities have more fun

4. Doctors of older people are studying how people become old. They are learning how people might be healthy at any age. First, it's important to exercise- for example, swim, walk, run. Second people exercise their minds to think. Third, people need to eat a lot of vegetables and fruits and not much meat or sugar. Fourth, everyone needs to relax.

- (A) We need to do four things if we want to be healthy.
- (B) You can be healthy too, but you should try.
- (C) Some people worry about their health when they are forty to sixty years old.
- (D) Some athletes are still very good at sports when they are over forty years old.

Practice 6. Match the definitions with the words. One is extra

- A) in a quiet way
- B) a lack of success in doing sth
- C) many times
- D) to say something very loudly
- E) unexpectedly
- F) the upper part of your legs when you are sitting do

1. failure:

2. surprisingly:

3. calmly:

4. repeatedly:

5. Shout

Practice 7. Fill in the blanks with the words given. One is extra

lower, cared for, kindness, received, elderly, boosted, strength

1. I think this drug will----- your blood pressure.
2. What this child needs is a little love and -----.
3. The new program by the government has -----tourism.
4. You must eat to keep your ----- up.
5. He thanked the nurses who had ----- his children.
6. Please give up your seat to an -----or disabled person if they require it.

Practice 8. Choose the best choice.

1. Children rarely show any----- for what their parents do for them.

- A. appreciation B. situation C. location D. communication

2. I ----- his views, although I do not agree with them.

- A. devote B. respect C. boost D. lower

3. Art experts highly----- his work.

- A. increased B. interested C. burned D. regarded

4. People with heart problems should talk to their ----- before making the trip.

- A. donor B. physician C. librarian D. foreigner

5. When Beethoven composing music, his sense of was poor and got worse until he was completely deaf.

- A. appreciation B. humor C. hearing D. importance

6. Although few knew of her greatness during his lifetime, Van Gog is now as one of the best painters.

- a. boosted b. identified c. dedicated d. regarded

7. The generous old woman decided to donate half her possessions to a cancer charity.

The word “generous” means

- a. Having a duty b. willing to give freely
c. Having strong belief in God d. well known and respectable

8. They look so similar that it’s often difficult to distinguish one from the other. The word “distinguish” in this sentence is closet in meaning to

- a. recognize b. compare c. select d. describe

9. Exercise is helpful for every part of the body , including the mind. “Helpful” means

- a. necessary b. important c. useful d. natural

E: Complete the sentences with a suitable word. The first letter was given. (1.5)

1. His twenty-first birthday party was amazing. His parents s _ _ _ _ no pains to make him happy.

2. Iran marks August 23 the birth anniversary of Avicenna, as the national day for p _ _ _ _

3. Whether people cry or not, they produce about 150 to 300 grams of it a day even if they don’t cry. It is t _ _ _